

# BÁRA RODI

FREE LANCE TRAINER,  
MEDICAL DOCTOR

## AREAS OF EXPERTISE & SKILLS

- Coaching & Mentoring
- Mental Health
- Communication Skills
- Conflict Management & Mediation
- Creativity & Art
- Change Management
- European Voluntary Service
- Erasmus+ in general

## EXPERIENCE

- 2007- now** **Trainer Pool of Czech national agency**  
I have extensive experience with EVS trainings, responsible for preparing, conducting and evaluating all the trainings of the EVS cycle (pre-departure, on-arrival, mid-term, evaluation meeting) as well as working with sending and hosting organisations and mentors. For the national agency I deliver many topics: communication skills, conflict management, learning, competences, project management, funding, quality of non-formal education and currently on training of multipliers.

## EDUCATION

- 2002 - 2008** **Medical Faculty, Univerzita Palackého**  
graduated as a medical doctor, general medicine

- 2010 - 2011** **Training of Trainers, SALTO-YOUTH**  
Training of Trainers for European Youth in Action Projects

<http://trainers.salto-youth.net/BaraRodi/>



## PROFILE

Hi! I'm a free lance trainer with 10 years of experience and more than 150 international training courses. I graduated as medical doctor & I'm qualified in Gestalt psychotherapy. After few years of working in hospital I decided to focus fully on my passion for training and non-formal education.

I love to combine creativity and fun with practical skills & useful theory.

## CONTACT

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## EVS EXPERIENCE & SKILLS

- Volunteer (2005 in Copenhagen, Denmark)
- Trainer: since 2007 in the EVS pool of trainers
- Mentor (2006-2009)
- Project Evaluation (2014-2015)
- EVS Accreditation (2014-2016)
- Project Manager: responsible for EVS sending, hosting and grant management (2009 - now)

## REFERENCES:

- 2016** Dominika Jagiełło from Polish NA for "Quality Matters: A cross sectoral approach to mobility projects within Erasmus+
- "Bara is very devoted, open-minded and ready to react to the participants' needs, flexible and creative if it goes about the methods and the training process. Her spirit makes participants feel safe and easy. Definitely she is capable of running cross-sectoral training and seminar thanks to her former experience and ability to work in wider context."
- 2015** Jana Randa for "EVS - Reflect and Act!" seminar
- "Bara is an amazing trainer, full of enthusiasm, energy and creative ideas which she brings in the team and to the group."

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